

Internship Services and Resources for Students

Internships are new professional learning experiences where students are supervised by a mentor and contribute meaningfully to an organization. Credit/non-credit postings are available in the Career Center (2.19).

Credit Internships

- Open to matriculated (degree) students in good standing who have completed 54 credits—Juniors/Seniors
- Must attend mandatory internship counseling session with the Career Center Internship Coordinator
- Learning Agreement signed by student, site supervisor, internship faculty advisor, and internship coordinator
- 42 hours of work for each credit earned, can earn 1-6 credits per semester. May be repeated with change of content up to 12 crs.
- 3 credits=about 10 hours of work a week
- Must be approved by the Internship Coordinator in the Career Center
- Site supervisor provides an evaluation (75% of the S/U grade)
- Paper is required for internship faculty advisor (25% of the S/U grade)
- Can be paid or unpaid
- Completed within each semester
- Must be set up one semester in advance

Non-Credit Internships

- Can be completed by any student
- Very flexible arrangements
- Hours, pay rate, length of internship are arranged directly by the student and employer

Four-Year Career Planning Guide

Freshman Year

- Visit the Career Center
- Think about a major
- Experiment with different classes
- Schedule a career assessment session
- Complete a non-credit internship
- UNIV 3985 - Special Topics - Career Planning course (1 credit)

Sophomore Year

- Explore career possibilities
- Attend Career Panels and Symposia
- Complete a non-credit internship
- UNIV 3985 - Special Topics - Career Planning course (1 credit)

Junior Year

- Complete a credit or non-credit Internship
- Take courses that expand your skills
- Enhance your leadership experience
- Take the GRE (Graduate Record Exam) or another graduate admissions test
- UNIV 3985 - Special Topics - Career Planning course (1 credit)

Senior Year

- Complete HuskyCareerLink Registration for access to online job postings
- Attend career workshops
- Start networking
- UNIV 3985 - Special Topics - Career Planning course (1 credit)
- Consult job listings regularly and attend the Career Fairs

Internship Services And Resources for Employers

- Online job posting. Go to: careercenter.stamford.uconn.edu click on [HuskyCareerLink](#)
- Job Posting Books and Bulletin Boards
- Career Fairs in Spring and Fall
- [Employer Open House Program](#)
- On-campus recruitment
- [Internship Placement](#)



— It's never too early to start building the bridge from where you are to where you want to go.

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Halina K. Hollyway
Director, Career Center and Interdisciplinary Internship Program
UConn-Stamford
One University Place
Stamford, CT 06901-2315

Build the Bridge From Where You Are to Where You Want to Go.

Interdisciplinary
Internship Field Experience
UNIV 3991

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**Career
Center**

Halina K. Hollyway
Director, Career Center
and Interdisciplinary
Internship Program



One University Place
Stamford, CT 06901

Telephone: (203) 251-9549

Fax: (203) 251-9596

E-Mail: careercenterstamford@uconn.edu

Web: careercenter.stamford.uconn.edu



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